



CME POST-TEST

All post-tests must be completed and submitted online.

EXPIRATION DATE: DECEMBER 2023

Earn Category I CME Credit by reading both CME articles in this issue, reviewing the post-test, then taking the online test at <http://cme.aapa.org>. Successful completion is defined as a cumulative score of at least 70% correct. This material has been reviewed and is approved for 1 hour of clinical Category I (Preapproved) CME credit by the AAPA.

HERPES ZOSTER

- Which is the most common risk factor for the development of herpes zoster?
 - older age
 - exposure to varicella in utero
 - age under 1 year
 - immunocompromise
- Which cranial nerve is affected in a patient with HZO?
 - CN II
 - CN III
 - CN V
 - CN VII
- Which clinical finding represents the potential for the complication noted by Hutchinson sign?
 - weakness of the facial muscles
 - vesicular lesions around the tip of the nose
 - numbness of the anterior tongue
 - hearing impairment
- Which vaccine was pulled from the US market and is no longer approved for herpes zoster prevention?
 - varicella zoster virus vaccine
 - Zostavax
 - Shingrix
 - VARIZIG
- Which is a nonscheduled medication in all states that patients can take for pain control for PHN?
 - tramadol
 - gabapentin
 - pregabalin
 - nortriptyline

CARPAL TUNNEL SYNDROME

- What is the estimated prevalence of CTS?
 - 0.4% to 0.5%
 - 1% to 3%
 - 4% to 5%
 - 14% to 15%
- Which nerve is affected in a Saturday night palsy injury?
 - radial nerve
 - median nerve
 - ulnar nerve
 - brachial nerve
- In patients with CTS, median nerve compression occurs
 - at the most proximal portion of the carpal tunnel and at the distal radial head.
 - at the most proximal portion of the carpal tunnel and at the area where the diameter of the tunnel becomes most narrow at the area of the hamate hook.
 - at the area where the diameter of the tunnel becomes most narrow at the area of the hamate hook and at the distal radial head.
 - at the most proximal portion of the carpal tunnel and at the brachial plexus.
- Provocative tests for CTS include:
 - Phalen sign, Froment test, and Paley/McMurphy test.
 - Paley/McMurphy test, Tinel sign, and Allen test.
 - Tinel sign, Phalen sign, and electromyography/nerve conduction studies.
 - Tinel sign, Phalen sign, and Paley/McMurphy test.
- Which are the best imaging studies to visualize the median nerve and any evidence of pathology as it passes through the carpal tunnel?
 - ultrasound and CT
 - MRI and CT
 - ultrasound and MRI
 - MRI and radiographs