

Gender Affirming Surgery: Culturally Competent Care for the Transgender Patient in the Primary Care Setting

Introduction

WPATH is an international non-profit group dedicated to education about the psychiatric, psychological, medical, and surgical management of gender dysphoria and help professionals understand the parameters within which they may aid those with these conditions

GENDER DYSPHORIA describes a state of distress or discomfort when a person's gender identity differs from that which is physically and/or socially attributed to their sex assigned at birth

TRANSGENDER MEN or **TRANS MEN** are people who have gender identities as men and who were assigned female at birth.

TRANSGENDER WOMEN or **TRANS WOMEN** are people who have gender identities as women and who were assigned male at birth.

Gender Affirming Surgical Procedures

BREAST AUGMENTATION – placement of breast implants in trans women to give breast more shape and volume

GENDER AFFIRMING MASTECTOMY – also known as “top surgery,” this procedure is the removal of breast tissue to create a more masculine appearing chest. This is the most common gender affirming procedure common in trans males and non-binary patients.

FACIAL GENDER SURGERY – a variety of different procedures focused on aligning a patient's gender identity with their gender expression

VAGINOPLASTY – creation of a vagina and external female genitalia

PHALLOPLASTY – creation of a phallus and external male genitalia