

# Notes

MCL Sprain/Tear	
ACL Tear	
PCL Injury	

# Notes

PFPS	
Knee DJD	
Acute Meniscus Tear	
Degenerative Meniscus Tear	

# Special Tests Summary

Lachman	anterior cruciate ligament (ACL)
Anterior Drawer	
Pivot Shift	
Posterior Drawer	posterior cruciate ligament (PCL)
Quadriceps Active	
Sag Sign	
Valgus Stress	medial collateral ligament (MCL)
Patella Grind (Clarke's Sign)	PFPS
Sweep	knee effusion
Ballotable Patella	
Apley's Compression/Distraction	acute meniscus tear
McMurray's	
Bounce Home	
Thessaly	