

Notes

Traumatic Labral Tears	
Atraumatic Instability	
Proximal Biceps Tendonopathy	
SLAP Tear	

Notes

Subacromial Syndrome	
Rotator Cuff Tears/Arthropathy	
Adhesive Capsulitis	

Special Tests Summary

Yergason's Test

Speed's Test

O'Brien's Test

Crank Test

Biceps/SLAP tear

Anterior Apprehension Test

(Jobe) Relocation Test

Anterior Labral Tear/Instability

Posterior Drawer Test

Jerk Test

Posterior Labral Tear/Instability

Sulcus Sign

Inferior Labral Tear/Instability

Neer Impingement Test

Hawkins-Kennedy Test

Bursitis/Tendonitis/Impingement

Empty Can (supraspinatus) Test

External Rotation (infraspinatus) Test

Internal Rotation (subscapularis) Test

Drop Arm Test

Rotator Cuff Tear