




Crystal Beal, MD

they/them

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Physician | Disrupter | Queer

I'm Crystal, a Board Certified Family Medicine Physician. I believe healthcare needs to change. Trans and gender-diverse patients should not be AFRAID to go to their provider's office. They should expect more from their provider than just getting their name or pronouns correct. I use my lived experience and knowledge gained from my high-volume practice to add a high level of nuance to gender affirming medical education. Learning with me you learn more than just the medicine.



Preventive or Primary Care for Trans and Gender Diverse Patients

Resources:

- [American College of Radiology Guidelines](#)
- [UCSF Guidelines for the Primary and Gender-Affirming Care of Transgender and Gender Nonbinary People](#)
- [UpToDate "Primary care of transgender individuals"](#)
- [WPATH Standards of Care](#)
- [Free E Consult: TransLine](#)
- [QueerCME](#)
- [Dosing guide](#)

**each of these is hyperlinked*

References:

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- Cardiovascular disease in transgendered people: A review of the literature and discussion of risk. Leighton J September 30, 2019 Review Article <https://doi.org/10.1177/2048004019880745>

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“ Testimonials

"I have recommended this program to six colleagues, three friends, and a few passersbys on the sidewalk in the last 48 hours. I read the UCSF guidelines and patients were happy I was doing something. After this CME program, I feel confident to offer options, to approach different clinical scenarios, and to connect with patients on a whole different level. I don't get CME allowance, I used my own money and would do it again in a heartbeat."

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