



CME POST-TEST

EXPIRATION DATE: DECEMBER 2024

All post-tests must be completed and submitted online.

Earn AAPA Category 1 CME credit by reading both CME articles in this issue, reviewing the post-test, then taking the online test at <https://cme.aapa.org>. Successful completion is defined as a cumulative score of at least 70% correct. This material has been reviewed and is approved for 1 AAPA Category 1 CME credit.

SPONTANEOUS CORONARY ARTERY DISSECTION

1. SCAD is estimated to account for what percentage of ACS cases?
 - a. 0.1% to 0.4%
 - b. 0.1% to 1%
 - c. 1% to 4%
 - d. 4% to 10%
2. Which statement is correct about SCAD?
 - a. SCAD is more common in females, who account for 87% to 95% of cases.
 - b. SCAD is more common in males, who account for 87% to 95% of cases.
 - c. SCAD is more common in females, who account for 67% to 75% of cases.
 - d. SCAD is more common in males, who account for 67% to 75% of cases.
3. The most common complaint of patients with SCAD is
 - a. neck and arm pain.
 - b. diaphoresis.
 - c. nausea and vomiting.
 - d. chest pain.
4. The Mayo Clinic registry found what percentage of patients with P-SCAD presented with ST-segment elevation MI?
 - a. 45%
 - b. 54%
 - c. 57%
 - d. 75%
5. Which diagnostic test is preferred in a patient with suspected cardiac ischemia or SCAD based on troponins, ECG, or echocardiogram results?
 - a. intravascular ultrasound
 - b. coronary angiogram
 - c. CCTA
 - d. OCT

POSTURAL ORTHOSTATIC TACHYCARDIA SYNDROME

6. What is the characteristic clinical feature of POTS in adults?
 - a. an increase in heart rate of 30 beats/minute or more within 10 minutes of assuming an upright posture from a supine position without orthostatic hypotension
 - b. an increase in heart rate of 30 beats/minute or more within 10 minutes of assuming a supine posture from an upright position without orthostatic hypotension
 - c. an increase in heart rate of 30 beats/minute or more within 10 minutes of assuming an upright posture from a supine position accompanied by orthostatic hypotension
 - d. an increase in heart rate of 30 beats/minute or more within 10 minutes of assuming a supine posture from an upright position accompanied by orthostatic hypotension
7. POTS often is associated with a variety of symptoms including
 - a. generalized weakness, depression, and exercise intolerance.
 - b. dizziness, palpitations, and fatigue.
 - c. mania, anxiety, and exercise intolerance.
 - d. dizziness, palpitations, and depression.
8. What is the prevalence of POTS in the United States?
 - a. 0.1% to 0.2%
 - b. 0.2% to 1%
 - c. 2% to 10%
 - d. 10% to 12%
9. What typically is the initial therapy for patients diagnosed with POTS?
 - a. pharmacologic treatments
 - b. referral to a cardiologist
 - c. referral to a neurologist
 - d. nonpharmacologic options
10. What are the daily fluid and salt intake goals for patients diagnosed with POTS?
 - a. 1 L of fluid and 4 to 6 g of salt
 - b. 2 L of fluid and 6 to 8 g of salt
 - c. 3 L of fluid and 8 to 12 g of salt
 - d. 4 L of fluid and 12 to 15 g of salt