# Advancing Health Equity: A Guide for Leaders

Kimberly Sapre, DMSc, PA-C, CAQ-EM, DFAAPA
Chair, AAPA Commission on Diversity, Equity, & Inclusion
Executive Leadership Conference 2024



I have no relevant relationships with ineligible companies to disclose within the past 24 months.

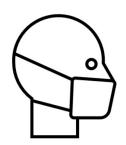
# Objectives

1	Identify how health equity positively impacts the organization's bottom line
2	Create a business case for stakeholders' buy-in
3	Apply health equity frameworks to embed equity within the organization's structure
4	Establish a system of accountability with measurable outcomes in health equity

# Definitions



# Health Equity



Everyone has the opportunity to attain full health potential



# Health Inequities



Differences in the distribution & allocation of resources



# Health Disparities



Differences in health status & mortality rates across population groups

# Health Disparities

Race/Ethnicity

Socioeconomic Status

Gender Identity/Sexual orientation

Age

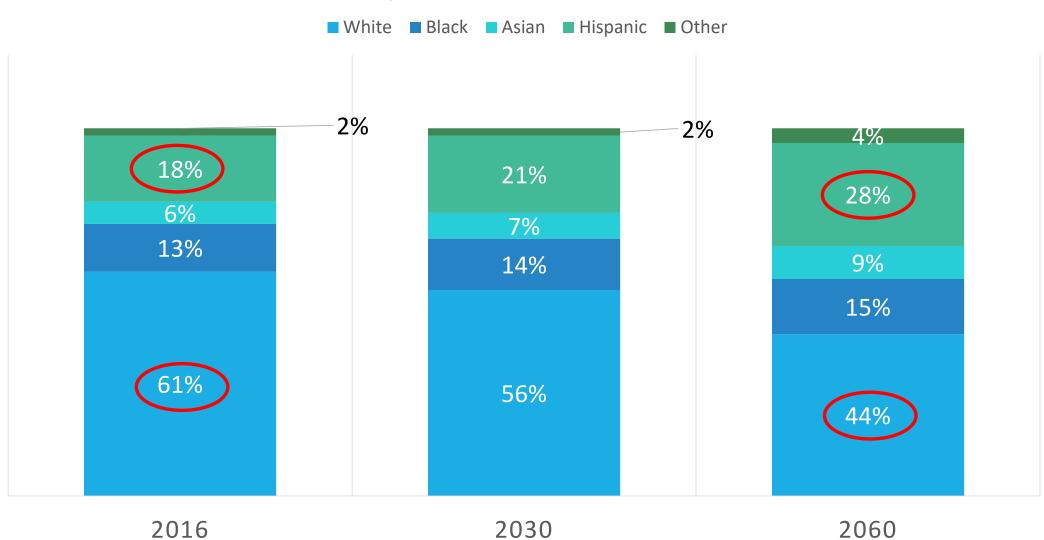
Geography

Language

Disability Status

Citizenship Status

### USA RACE/ETHNICITY 2016, 2030, 2060





### Health Disparities – Latinx/Latine

### **Liver Disease**

- 7<sup>th</sup> leading cause of death & 4<sup>th</sup> leading cause of death in men
- Chronic liver disease at 2x rate

### **Diabetes**

1.3x more likely to die from diabetes

### **Hepatitis**

 Lower rates of Hep C, but 70% more likely to die from Hep C

### HIV

- 30% of HIV infection cases
- 4x as likely to have either HIV infection or AIDS
- 2-3x more likely to die of HIV infection

## Health Disparities – Black/African American



### Cancer

 Women 40% more likely to die from breast cancer

### **Diabetes**

 2x more likely to die from diabetes

### **Heart Disease**

 30% more likely to die from heart disease

### **Stroke**

 Men 70% more likely to die

### HIV

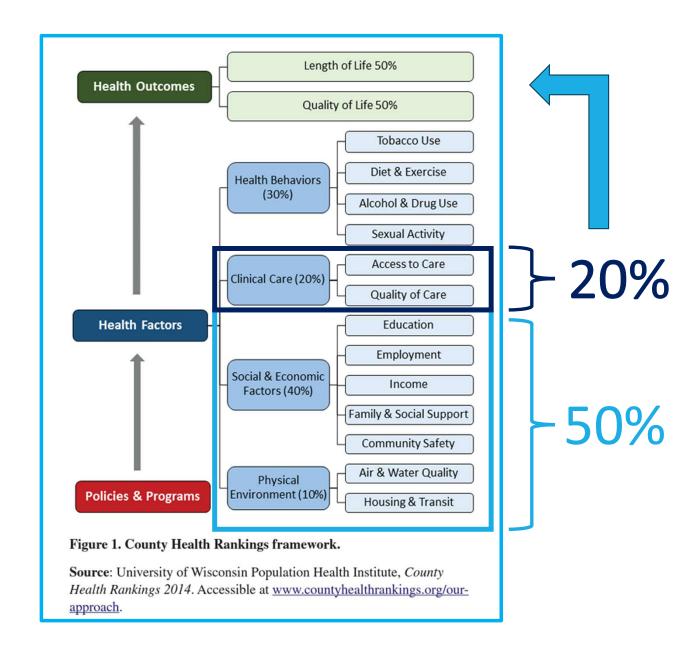
- 42.1% of HIV infection cases
- Men 6x more likely to die of HIV infection
- Women 15x more likely to die of HIV infection

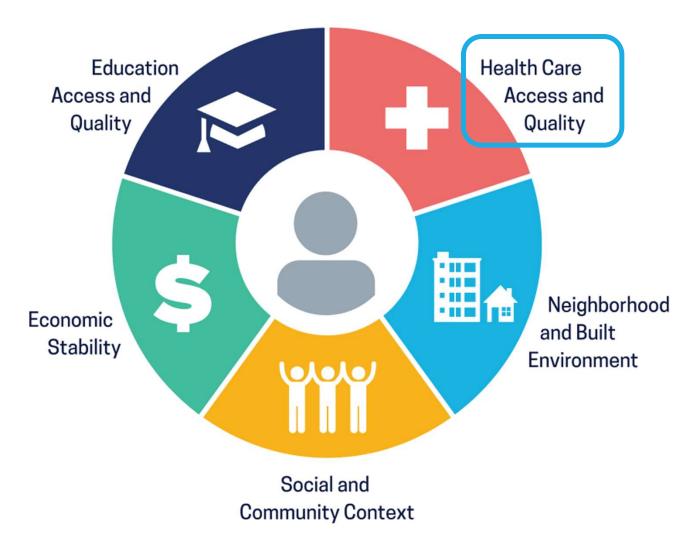
### **Infant Health & Mortality**

- 3x more likely to die from SIDS
- Women 3x more likely to die due to pregnancyrelated causes

# County Health Rankings Framework

Racism & Discrimination





Healthy People 2030 - https://health.gov/healthypeople/priority-areas/social-determinants-health

# Health Equity -The Business Case







**MISSION** 

**GOALS** 

STRATEGIC VISION

The Cost of Health Inequities

\$320 billion

\$1 trillion by 2040

# What are health executives saying?

93%

89%

# What are health executives saying?

36%

55%

# What are health executives saying?



# What are health executives saying & doing?



### Stakeholders

### **Decision Makers**

- C-Suite
- Boards

### **Implementers**

- Providers/Healthcare
   Workers
- CommunityOrganizations
- Payers

# Decision Makers



Long-term commitment



Substantial budget



Consider ROV vs ROI



Establish regular check-ins

### What is ESG?

**Environmental** 

**Emissions** 

Recycling

Water

Social

**Employees** 

**Patients** 

Community

Governmental

**Board Diversity** 

**Executive Salary** 

**Corporate Behavior** 

# Return on Value (ROV)

- Financial & non-financial returns
- ESG (environmental, social, & governance)
- ROV = Revenue Costs / Value

# Return on Investment (ROI)

- Financial returns
- ROI = Revenue Costs / Costs

### ROI Calculator for Partnerships to Address the Social Determinants of Health



- Calculator to plan for delivery of social services to high-need high-cost (HNHC) persons
- Health systems, payers, medical providers, social service providers, community-based organizations

https://www.commonwealthfund.org/roi-calculator



Implement changes

# Implementers



Building relationship with patients



Amplifying voices from the ground

# Health Equity Frameworks

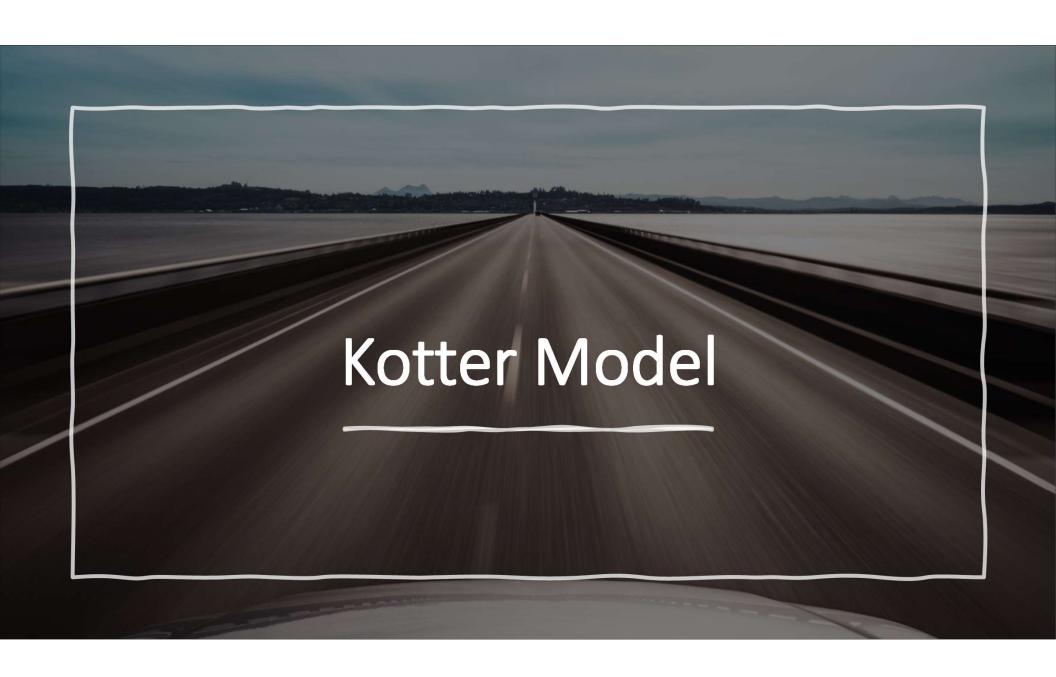
# Health Equity Frameworks

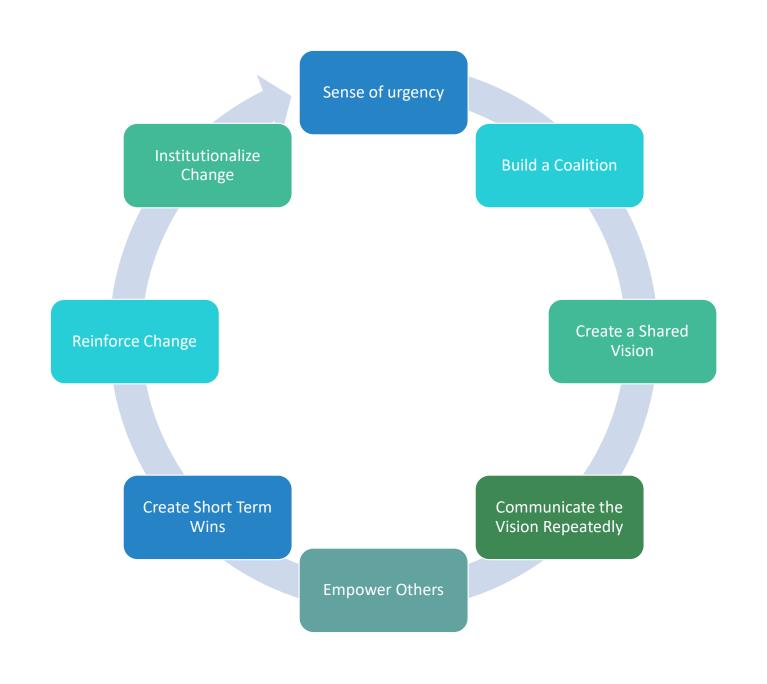
**Kotter Model** 

Health Equity Roadmap for CEOs, Health Evolution Forum

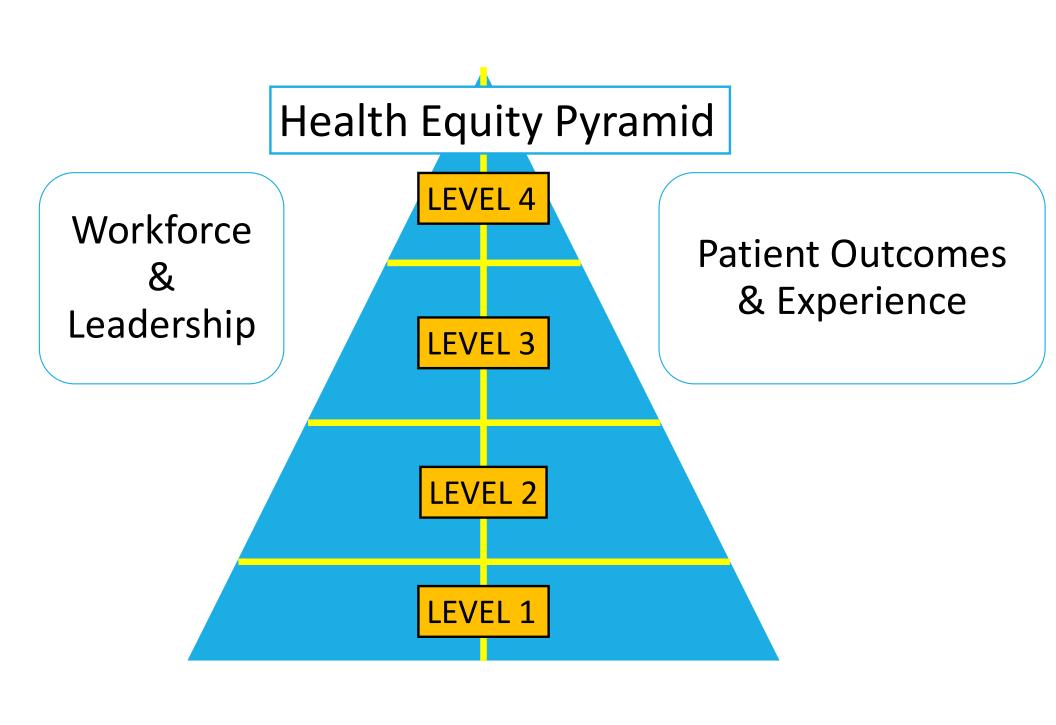
Health Equity Roadmap, American Hospital Association

CMS Framework for Health Equity









# **Health Equity Pyramid**

Workforce &
Leadership

LEVEL 4

Patient Outcomes & Experience

Analyze Data

LEVEL 2

**Analyze Data** 

**Collect Data** 

LEVEL 1

Collect Data



### Publicize Data & Internal Accountability



Recruitment & Retention

**Analyze Data** 

Collect Data

# Diversity in Workforce & Leadership

Recruitment & Retention

4 Publicize Data & Internal Accountability

# Patient Outcomes & Experience

Publicize the Data & Internal Accountability

3 Embed Interventions

\* Embed Interventions

4 Publicize Data & Internal Accountability

Analyze Data

Collect Data



American Hospital Association Health Equity Transformation Assessment

#### **Culturally Appropriate Patient Care**

- Cultural Humility
- Language Services
- Health Literacy

**Equitable & Inclusive Organizational Practices** 

Collection & Use of Data

Diverse Representation in Leadership & Governance

**Community Collaboration** 

**Culturally Appropriate Patient Care** 

**Equitable & Inclusive Organizational Practices** 

- Apply equitable lens
- Culture change

Collection & Use of Data

Diverse Representation in Leadership & Governance

**Community Collaboration** 

**Culturally Appropriate Patient Care** 

**Equitable & Inclusive Organizational Practices** 

Collection & Use of Data

Use the data to create strategies

Diverse Representation in Leadership & Governance

**Community Collaboration** 

**Culturally Appropriate Patient Care** 

**Equitable & Inclusive Organizational Practices** 

Collection & Use of Data

Diverse Representation in Leadership & Governance

Pathways to diverse leadership

**Community Collaboration** 

**Culturally Appropriate Patient Care** 

**Equitable & Inclusive Organizational Practices** 

Collection & Use of Data

Diverse Representation in Leadership & Governance

**Community Collaboration** 

Invest in community partnerships

**Culturally Appropriate Patient Care** 

**Equitable & Inclusive Organizational Practices** 

Collection & Use of Data

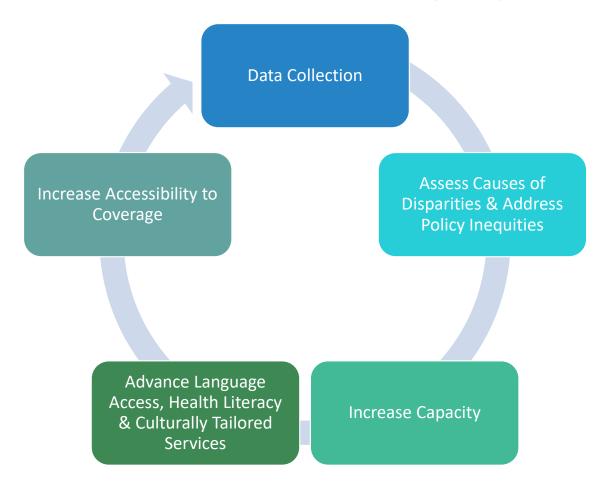
Diverse Representation in Leadership & Governance

**Community Collaboration** 

Systemic & Shared Accountability

Infrastructure for accountability

### CMS Framework for Health Equity



## Health Equity & The Bottom Line

### StreetCred – mystreetcred.org

- Boston Medical Center
- Services
  - Financial coaching
  - Tax prep
  - Economic Bundle WIC, SNAP, food pantry, 529 College Savings
- Economic bundle initiated during the newborn visit
- Facilitated more than \$14 million in tax refunds from approximately 6000 families in 5 states

### Health Equity Measurement

 Select indicators for social drivers of health

Measuring Health Equity

### **Outcome Indicators**

Decreased return ED visits and rehospitalizations

Increased clinical revenue

Increased operational efficiencies

Building trust within the community

### Measuring Health Equity

- Select indicators for social drivers of health
- Select a reference group
  - Group with the best outcomes vs group with disparate outcomes
- Measure health care quality metrics
- Benchmarking
  - Comparing results to local/state/national facilities

### Summary

#### A business case for embedding health equity exists

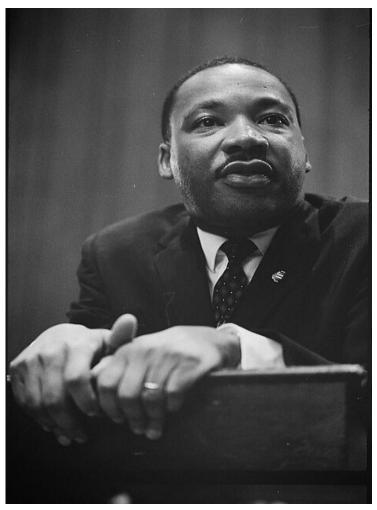
- "What's good for society can also be good for business."
- Consider ROV vs ROI

Long-term commitment with a budget is mandatory

Use health equity frameworks to streamline the process

Measure health equity within the organization & share with the community

# Deliver Equity Care NOT "Charity Care"



Martin Luther King press conference March 26, 1964. Photo by Marion Trikosko, U.S. News & World Report Magazine Photograph Collection, Library of Congress. hdl.loc.gov/loc.pnp/ppmsc.01269

"Of all the forms of inequality, injustice in health care is the most shocking and inhumane."

Convention of the Medical Committee for Human Rights held in Chicago in March 1966

### References

- Vespa J, Medina L, Armstrong DM. Demographic Turning Points for the United States: Population Projections for 2020 to 2060 Population Estimates and Projections. US Census Bureau. Issued March 2018. Revised February 2020.
- 2. Hispanic/Latino Health. US Department of Health & Human Services Office of Minority Health. Accessed December 13, 2023. https://www.minorityhealth.hhs.gov/hispaniclatino-health
- 3. Black/African American Health. US Department of Health & Human Services of Minority Health. Accessed December 13, 2023. https://www.minorityhealth.hhs.gov/blackafrican-american-health
- 4. Funk C, Lopez MH. Hispanic Americans' experience with healthcare. Pew Research Center. Published June 14, 2022. Accessed December 13, 2023. https://www.pewresearch.org/science/2022/06/14/hispanic-americans-experiences-with-health-care/
- 5. Building the Business Case for Health Equity Investment: Strategies to Secure Sustainable Support. Health Care Transformation Task Force. Accessed December 13, 2023. <a href="https://hcttf.org/building-the-business-case-for-health-equity-investment/">https://hcttf.org/building-the-business-case-for-health-equity-investment/</a>
- 6. Industry Perspectives: Health Equity. Interoperability. HIMSS. Accessed December 13, 2023. https://www.himss.org/resources/industry-perspectives-health-equity
- 7. Nine out of Ten Healthcare Executives Say That Health Equity Initiatives are a Top Business Priority, according to Accenture and HIMSS Insights. HIMSS. Published March 15, 2022. Accessed December 13, 2023. https://newsroom.accenture.com/news/2022/nine-out-of-ten-healthcare-executives-say-that-health-equity-initiatives-are-a-top-business-priority-according-to-accenture-and-himss-insights#:~:text=Nine%20out%20of%20Ten%20Healthcare,to%20Accenture%20and%20HIMSS%20Insights
- 8. Goodman J, Barfield J, Smith D. How to Advance Health Equity While Improving Your Bottom Line. Bain & Company. Published October 23, 2023. Accessed December 13, 2023. <a href="https://www.bain.com/insights/how-to-advance-health-equity-while-improving-your-bottom-line/#">https://www.bain.com/insights/how-to-advance-health-equity-while-improving-your-bottom-line/#</a>
- 9. Coppola R. They're making the business case for health equity. Blue Cross Blue Shield of Massachusetts. Published May 8, 2023. Accessed December 13, 2023. https://coverage.bluecrossma.com/article/making-business-case-health-equity
- 10. Vakhani L. Beyond social responsibility: The missing business case for health equity. Medical Economics. Published September 12, 2023. Accessed January 13, 2024. <a href="https://www.medicaleconomics.com/view/beyond-social-responsibility-the-missing-business-case-for-health-equity">https://www.medicaleconomics.com/view/beyond-social-responsibility-the-missing-business-case-for-health-equity</a>
- 11. Brightest. The ROI of ESG. Accessed February 20, 2024. https://www.brightest.io/esg-roi-benefits
- 12. Kotter International, Inc. The 8 Steps for Leading Change. Accessed February 12, 2024. https://www.kotterinc.com/methodology/8-steps/
- 13. Health Equity Roadmap for CEOs. Health Evolution Forum. Published September 15, 2021. Accessed December 13, 2023. https://www.healthevolution.com/reports/forum-health-equity-roadmap-for-health-care-ceos-part-i/
- 14. Berry LL, Letchuman S, Khaldun J, Hole MK. How hospitals improve health equity through community-centered innovation. NEJM Catalyst. 2023:1(4). doi:10.1056/CAT.22.0329
- 15. Advancing Standardized Health Equity Quality Measurement. National Committee for Quality Assurance. Accessed February 10, 2023. <a href="https://www.ncqa.org/health-equity/measure-accountability/">https://www.ncqa.org/health-equity/measure-accountability/</a>

### ANY QUESTIONS?



Contact Info: kimsapre@gmail.com

