



## CME POST-TEST

All post-tests must be completed and submitted online.

EXPIRATION DATE: MARCH 2025

Earn AAPA Category 1 CME credit by reading both CME articles in this issue, reviewing the post-test, then taking the online test at <https://cme.aapa.org>. Successful completion is defined as a cumulative score of at least 70% correct. This material has been reviewed and is approved for 1 AAPA Category 1 CME credit.

### ADOLESCENT HPV VACCINATION RATES

- 1. What is the most common viral STI in the United States?**
  - a. genital herpes
  - b. HPV
  - c. gonorrhea
  - d. syphilis
- 2. The highest prevalence of HPV is found in which population?**
  - a. men ages 20 to 25 years
  - b. women ages 15 to 20 years
  - c. women ages 20 to 25 years
  - d. women ages 25 to 30 years
- 3. In 2016, the ACIP recommended a revised HPV schedule for adolescents that involved**
  - a. a two-dose series if initiated between ages 9 and 14 years, or a three-dose series if initiated at or after age 15 years.
  - b. a two-dose series if initiated between ages 5 and 16 years, or a three-dose series if initiated at or after age 17 years.
  - c. a three-dose series if initiated between ages 9 and 14 years, or a two-dose series if initiated at or after age 15 years.
  - d. a three-dose series if initiated between ages 5 and 16 years, or a two-dose series if initiated at or after age 17 years.
- 4. HPV vaccination in the United States is underused and is associated with many disparities based on**
  - a. sex, race or ethnicity, insurance coverage, and religion.
  - b. sex, race or ethnicity, insurance coverage, and location of residence.
  - c. sex, race or ethnicity, sexual activity, and location of residence.
  - d. sex, age, insurance coverage, and location of residence.
- 5. Which statement is correct about the conversational and announcement approaches to patients and their parents?**
  - a. The announcement approach includes introducing the vaccine and engaging parents in an open-ended discussion about it before a decision to vaccinate is made.
  - b. The conversational approach involves the use of a short statement that the child is due for a vaccine and assumes that parents are ready for them to be vaccinated.
  - c. "Now that your child is 11 years old, they should receive four vaccinations at the end of the visit today: HPV, Tdap, influenza, and meningitis. These help protect your child from cancers caused by HPV, and from tetanus, diphtheria, pertussis, influenza, and meningitis," is an example of the announcement approach.
  - d. Several studies have found that using an announcement approach is associated with lower rates of HPV vaccine acceptance compared with using a conversational approach.

### HEARTBURN AND REFLUX

- 6. In a survey of more than 70,000 people living in the United States, how many had experienced heartburn and reflux in the past week?**
  - a. 1 in 10
  - b. less than one-quarter
  - c. nearly one-third
  - d. more than half
- 7. The global prevalence of heartburn and reflux in adolescents and adults is about**
  - a. 5%
  - b. 10%
  - c. 15%
  - d. 20%
- 8. What is the single gold-standard finding for the diagnosis of GERD?**
  - a. an incident of pyrosis
  - b. regurgitation
  - c. elevated serum amylase
  - d. there is no single gold-standard test for the diagnosis of GERD
- 9. Which of the following are considered alarm features?**
  - a. dysphagia, vomiting, hematemesis, melena, or unintentional weight loss
  - b. dysphagia, vomiting, hematemesis, melena, or hematochezia
  - c. dysphagia, vomiting, hematemesis, melena, or right lower quadrant pain
  - d. dysphagia, vomiting, hematemesis, hematochezia, or unintentional weight loss
- 10. Which of the following is a lifestyle modification that may be helpful in patients experiencing heartburn and reflux?**
  - a. Encourage patients to lie flat after consuming a meal.
  - b. Advise patients to avoid consuming meals within 5 hours of bedtime.
  - c. Tell patients they may have symptom improvement with lying right-side down, because lying left-side down results in an anatomic position that favors reflux.
  - d. Advise patients who have nocturnal symptoms to elevate the head of the bed at least 6 in or use a mattress wedge.



Scan for access to all JAAPA post-tests.