

A Narrative Review of Physician Associate Mentoring

With Special Reference to the Roles of Clinician, Educator, Leader, Researcher and Trainee

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About US

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Disclosures

- No relevant disclosures or conflicts of interest related to this talk

Imagine Mentorship Driving Outcomes For All PAs



Research In Action

- **Purpose:** Mentoring has been shown to have numerous benefits and is commonly associated with increased career development and satisfaction. We offer a narrative review and commentary on mentoring specific to PAs.
- **Intended Audience:** Physician Assistants/Associates (PAs), PA Students, Clinicians, Educators, Leaders, Researchers, Employers, Mentor
- **Innovation:** No previous article has summarized what is known about PA mentoring. Thus, this narrative review aims to summarize what is known in respect to PA mentoring.

Learning Objectives

- Identify PA specific mentoring within the literature
- Analyze trends within PA mentoring
- Advocate for enhanced PA mentoring strategies

Narrative Reviews

- Allows researchers to describe what is known on a topic while conducting a subjective examination and critique of an entire body of literature

Commentaries

- An expression of opinions or offerings of explanations about an event or situation

Introduction

- **Importance of Mentoring**

- Guides growth & opens doors
- Offers advice, connections, & perspectives
- Empowers for personal & organizational success
- Fosters continuous learning culture

Introduction

Rationale for Exploring PA Mentoring

- Discusses why PA mentoring is particularly relevant
- Considers the unique roles and responsibilities within the profession

Physician Associate



CLINICIAN



EDUCATOR



LEADER



RESEARCH



TRAINEE

1

MEDLINE
Search

Conducted search
Removed duplicates

43



Methods

Five Steps

1

MEDLINE
Search

Conducted search
Removed duplicates

43



2

Reviewed Titles
& Abstracts

Removed those
without abstract/full
text or non-relevant

42

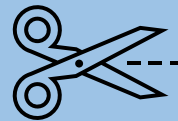


3

Full Texts
Reviewed

Removed non-full text
articles or those non-
relevant

36



4

Reference Lists
Reviewed &
Addition of
Known Articles

Added three articles
ahead of print

39

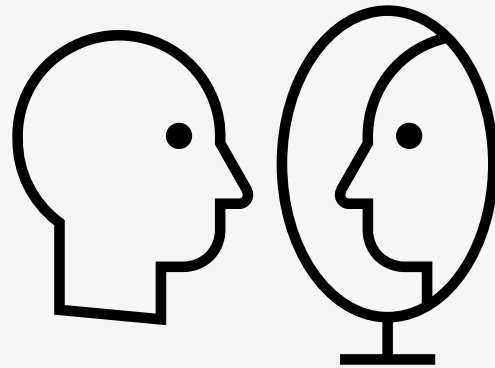


5

Conducted
Descriptive and
Summative
Analysis

English peer-reviewed
only & no limitations
for publishing year,
participant sex, race,
ethnicity, or
geographic location

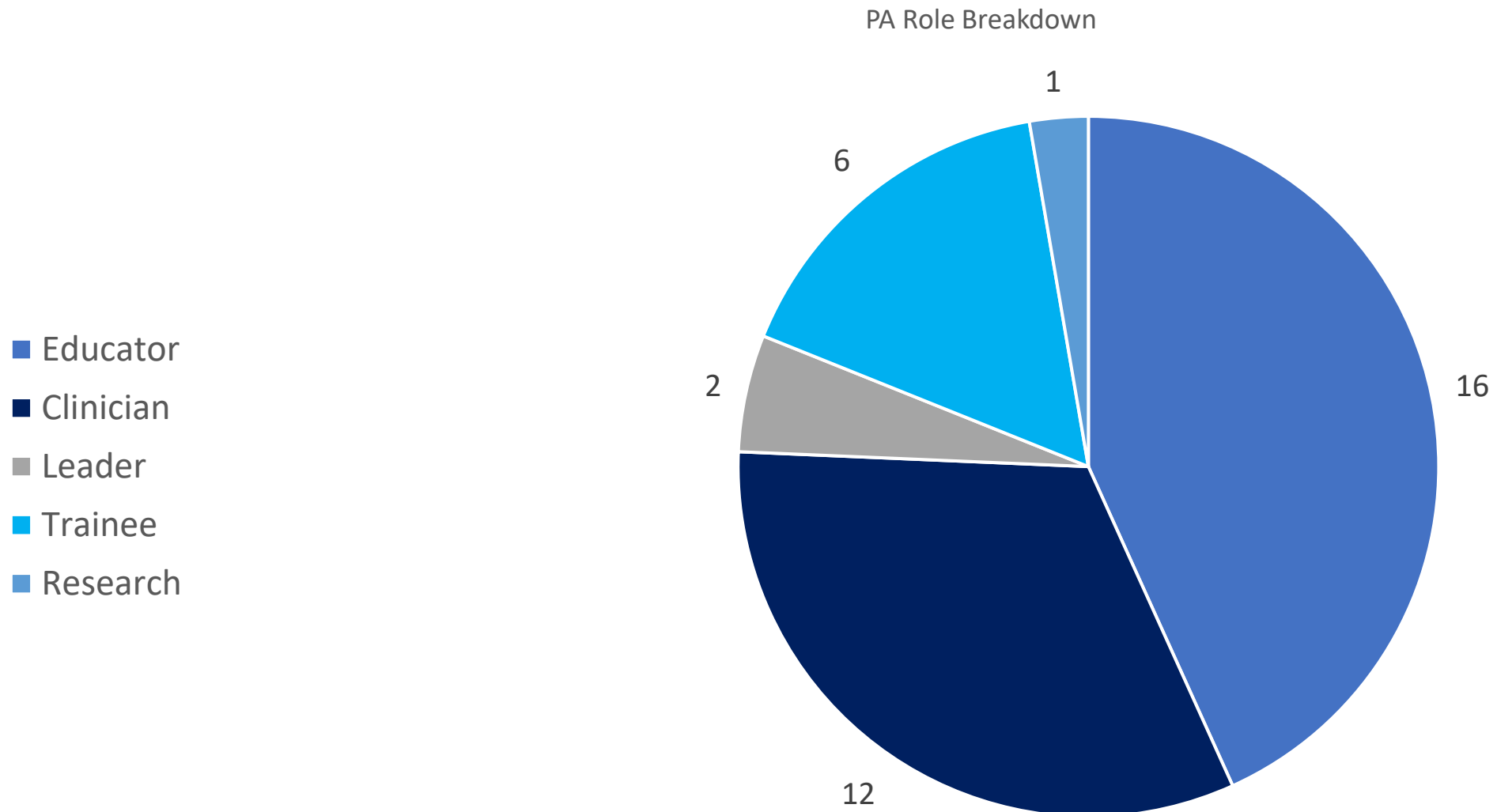




Results

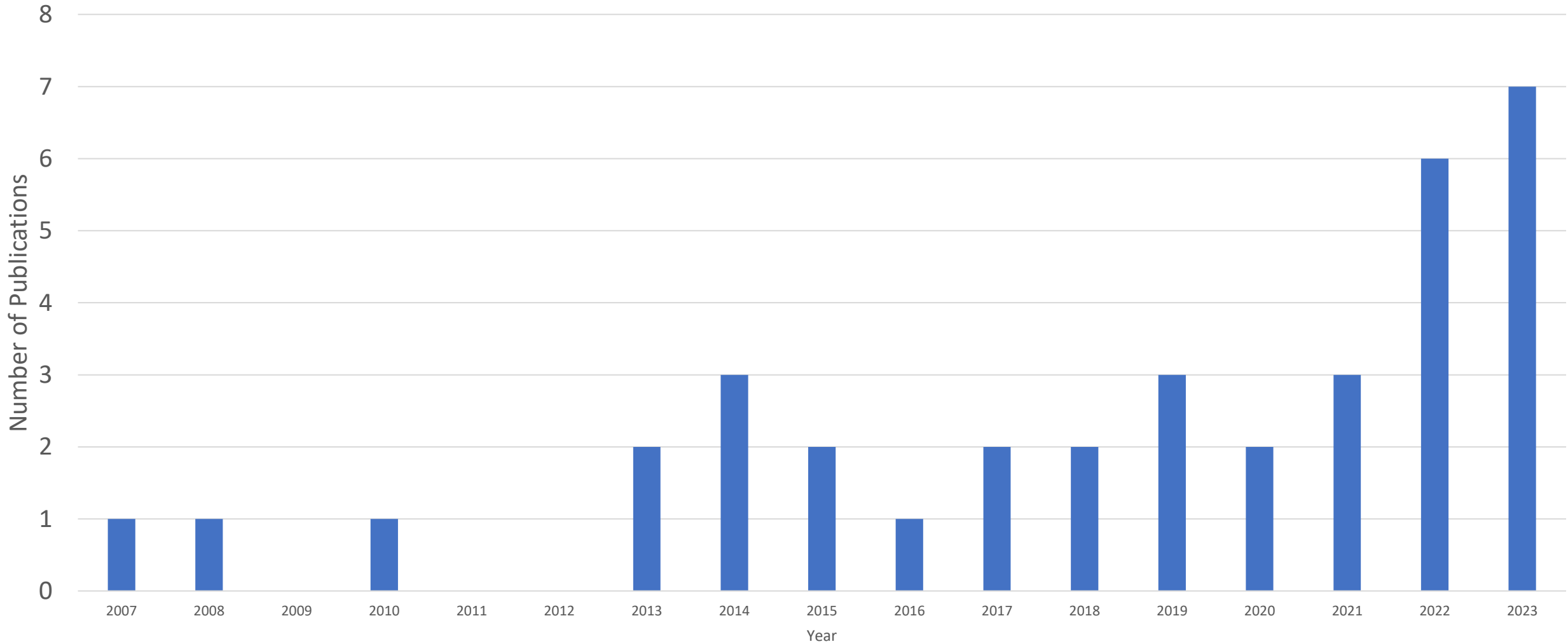
- **Summary of Findings:**
 - Original research
 - Reflective narratives or commentaries
 - Participants
 - Publications by year and journal

Results

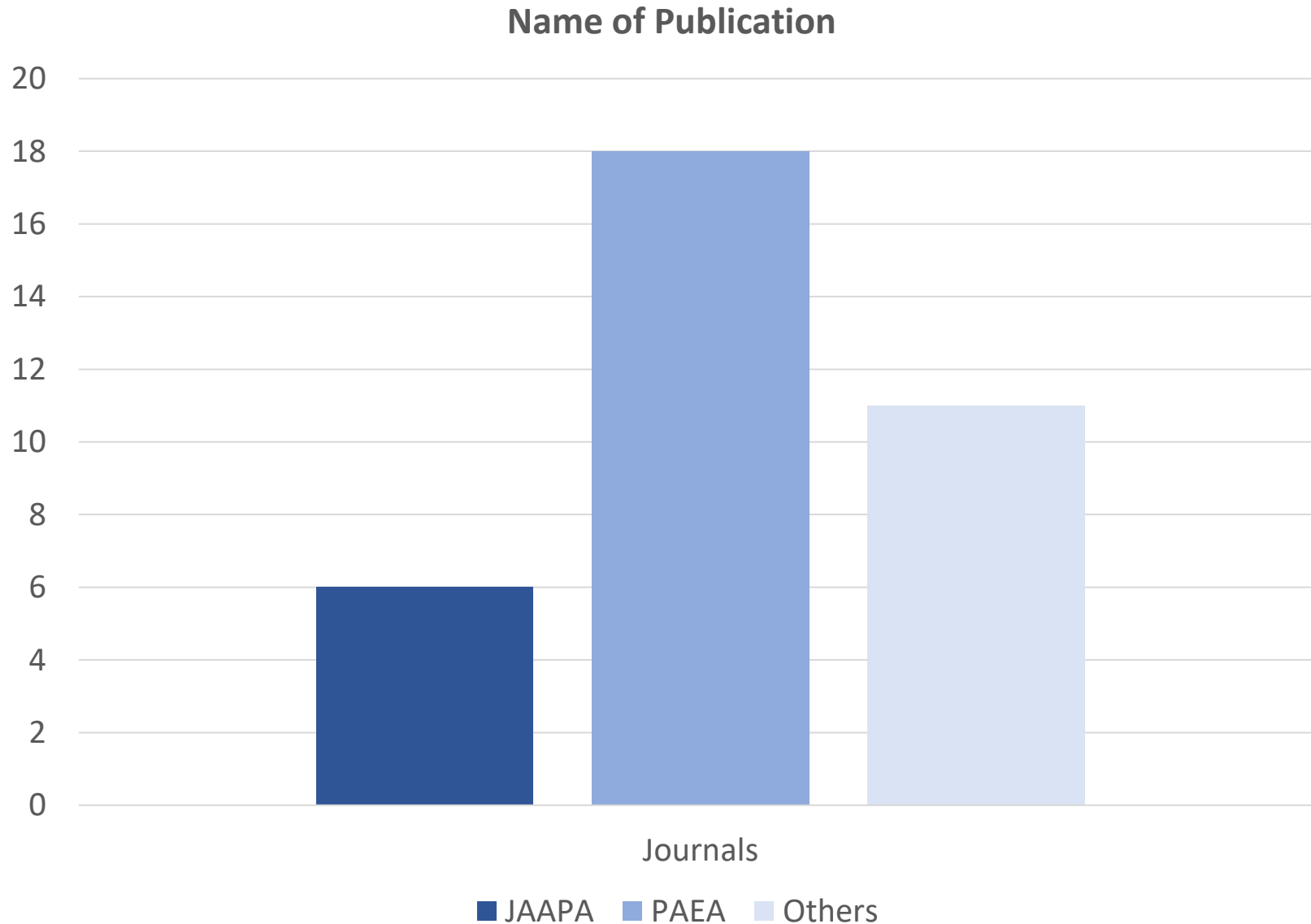


Results

Journal Publications by Year



Results



Other Journals:

- Healthcare Management Forum
- Journal of the American Association of Nurse Practitioners
- Journal of Continuing Education in the Health Professions
- Advances in Chronic Kidney Disease
- Advances in Neonatal Care
- Journal of Allied Health
- BMC Medical Education
- Clinical Medicine
- Pediatric Critical Care Medicine
- ASCO Educational Book

Key Themes and Barriers



- **Clinician**

- Lack of time and competing priorities, communication, and support

- **Educator**

- Gaps in mentorship culture and support

- **Research**

- Lack of interest and support

- **Trainee**

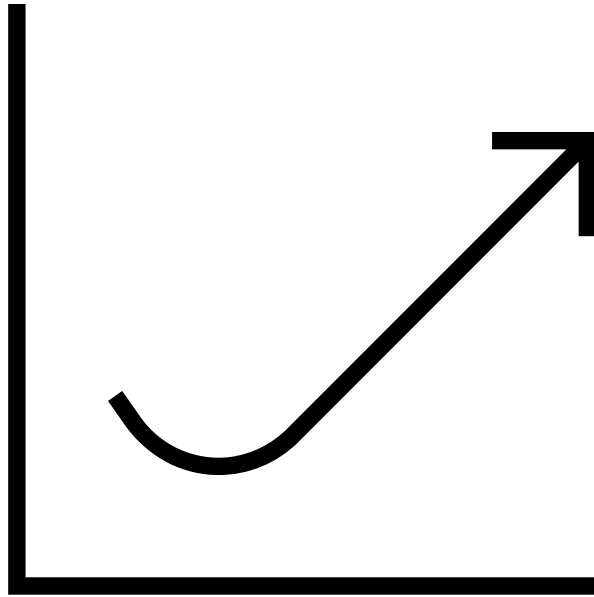
- Academic preparedness

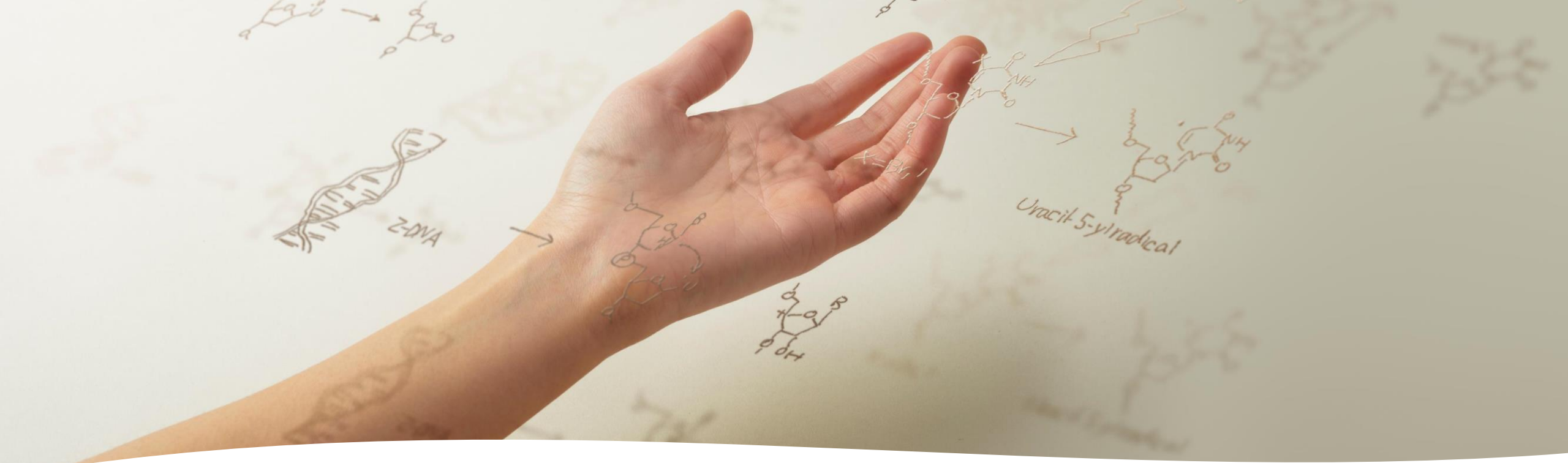
Unique Elements

- **General:**
 - Clinical skills, patient interaction, career progression
 - Broad clinical knowledge, procedural skills
 - Specialized diagnostic, treatment modalities
- **Educators:**
 - Teaching methodologies, curriculum development, research
 - Effective pedagogy, scholarship
- **Researchers:**
 - Scholarly writing, publication, presentation skills
 - Research guidance, data analysis, dissemination
- **Administrative/Leadership:**
 - Strategic planning, organizational management
 - Policy advocacy, healthcare system navigation

Anticipated Outcomes and Conclusion

- **Early Analysis:** Growth, Growth, and more Growth





Anticipated Outcomes and Conclusion

- **Implications for Future Research, Practice and Profession:**
 - **Preprint studies**
 - Mentored PAs mentor
 - PAs seek out mentorship from physician colleagues

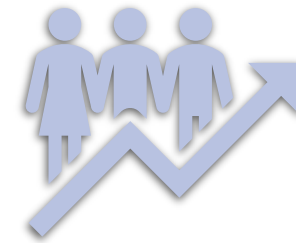
Anticipated Outcomes and Conclusion



Research in Action:

Student Mentorship within Physician Assistant
Training Programs: A National Study

A Mixed Methods Investigation in Administrative
PAs Mentorship Experiences



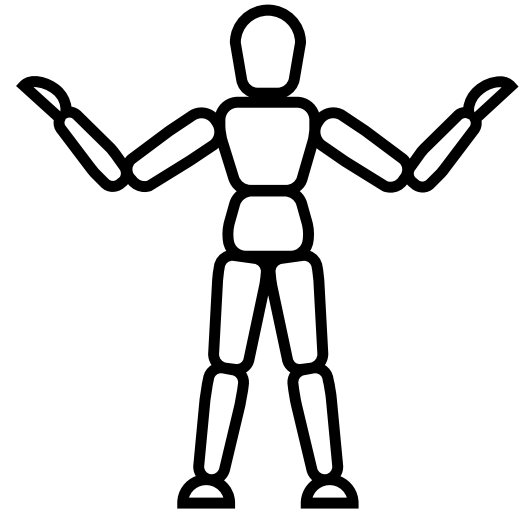
Future Work:

Continued Growth, Goals, and Outcomes

Anticipated Outcomes and Conclusion

- **Call to Action**

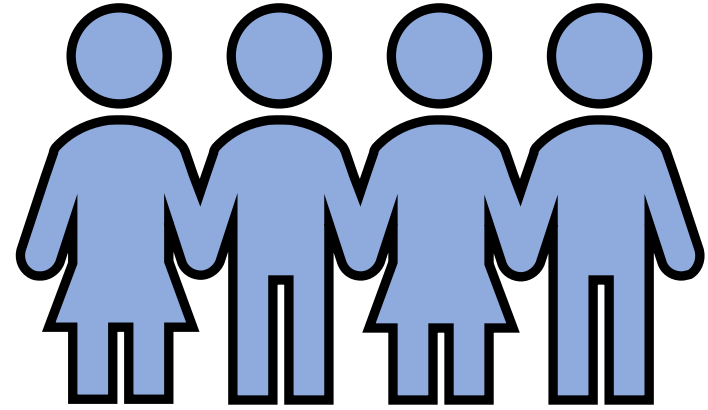
- Professional Organizations
- Special Interest Groups
- Diversity and Inclusion Initiatives



References

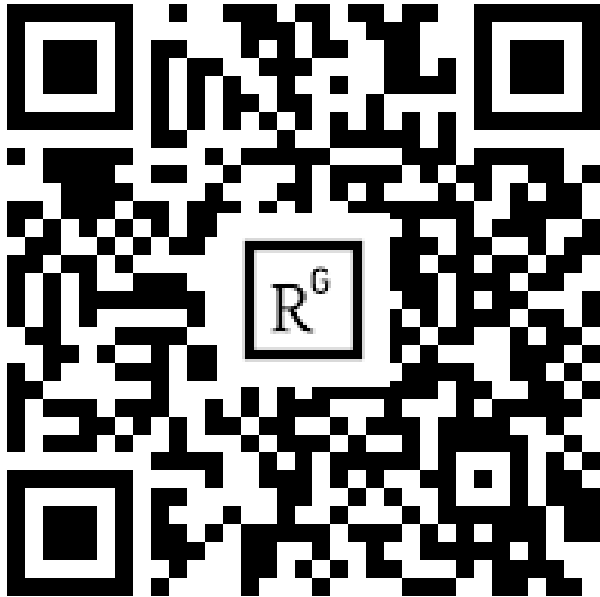


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