

Why Black Men's Health Matters

In the United States, Black men...

- Have the highest mortality rate of any major demographic group (i.e White, Hispanic)
- Die nearly five years earlier than White men and seven years less than women of all races.
- Suffer at higher rates from the leading causes of death compared to White men.
- Have the highest homicide mortality rates.
- Are twice as likely to be killed by the police
- Are 75% less likely to have health insurance compared to white men
- Had the most significant COVID related drop in life expectancy

What does trust have to do with Black Men's Health?

- Historical medical mistreatment and racial discrimination are major contributors to Black men's lack of trust in healthcare providers.
- Lack of trust in healthcare providers discourages Black men from seeking necessary health services like primary care, which is necessary for the early detection, treatment, and management of disease.

What can PAs do to improve Black men's health?

- Be aware of the unique social determinants that contribute to the low life expectancy of Black men
- Be aware of implicit bias in clinical practice
- Strive to develop authentic relationships with Black male patients by:
 - Asking engaging questions
 - Actively listening
 - Taking the time to explain

Useful References:

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