



BITE CLUB RULES

- For mandibular teeth, inferior alveolar block numbs a large unilateral region. Maxillary teeth require individual supraperiosteal blocks.
- Amoxicillin is the antibiotic of choice for odontogenic infections.
- Milk is the preferred solution to soak an avulsed tooth while awaiting reimplantation.

Supraperiosteal Block:

- Hold lip taut
- With needle parallel to tooth's long axis, aim to apex
- Bevel toward bone & penetrate at mucogingival junction
- Contact bone & aspirate
- Inject 1-2mL anesthetic

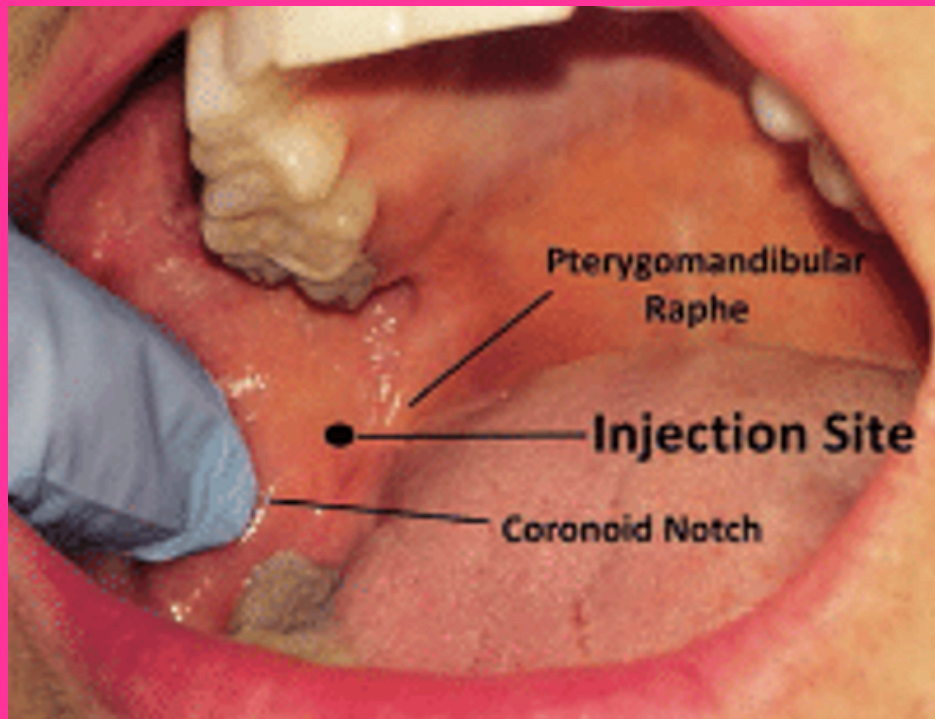


Pearls:

- Apply topical anesthetic first
- If anesthetizing multiple teeth move lateral to medial due to neuroanatomy

Inferior Alveolar Block:

- Thumb at coronoid notch, identify pterygomandibular raphe
- Needle parallel to occlusal plane, bevel away from bone, syringe on contralateral mandibular premolars
- Insert needle 3-5mm lateral to pterygomandibular raphe
- Contact bone, retract 1-2mm & aspirate
- Inject 0.75-1.5mL here, remainder of the 1-2mL dose as retracting



Pearls:

- Open the mouth **WIDE**
- Use topical anesthetic first