

Evaluate for Obesogenic Medications



Hypertension		
Weight positive	Weight neutral	Weight negative
Beta blocker	ACEi, ARBs	
	Alpha blockers	
	CCBs	

Diabetes		
Weight positive	Weight neutral	Weight negative
Insulin	DPP-IV	Metformin
Sulfonylurea		Pramlintide
Pioglitazone		GLP1 RA and GLP1/GIP
Rosiglitazone		SGLT2i

Antidepressants		
Weight positive	Weight neutral	Weight negative
Mirtazapine	Fluoxetine	Bupropion
Citalopram	Escitalopram	
Paroxetine	Sertraline	
Amitriptyline	Vortioxetine	

Miscellaneous		
Weight positive	Weight neutral	Weight negative
Corticosteroids		

ACEi, angiotensin-converting enzyme inhibitor; ARB, angiotensin receptor blocker; CCB, calcium channel blocker; DPP, dipeptidyl peptidase; GIP, glucose-dependent insulinotropic polypeptide; GLP1 RA, glucagon-like peptide 1 receptor agonist; SGLT2i, sodium-glucose cotransporter-2 inhibitor. Adapted from: Wharton S, et al. *Diabetes Metab Syndr Obes.* 2018;11:427-438.

OBESITY MANAGEMENT IN PRIMARY CARE PROFESSIONAL DEVELOPMENT & CERTIFICATE PROGRAM

