



CME POST-TEST

All post-tests must be completed and submitted online.

EXPIRATION DATE: AUGUST 2021

Earn Category I CME Credit by reading both CME articles in this issue, reviewing the post-test, then taking the online test at <http://cme.aapa.org>. Successful completion is defined as a cumulative score of at least 70% correct. This material has been reviewed and is approved for 1 hour of clinical Category I (Preapproved) CME credit by the AAPA.

LOW BACK PAIN

1. A patient's age is considered a red flag in the context of back pain in which of the following situations?
 - a. patients older than age 18 years
 - b. patients younger than age 60 years
 - c. patients age 18 to 35 years
 - d. patients younger than age 18 years or older than age 50 years
2. Patient use of which medication should prompt additional investigation into the cause of low back pain?
 - a. anticoagulants
 - b. NSAIDs
 - c. beta-blockers
 - d. acetaminophen
3. A patient with an epidural abscess is most likely to present with back pain and which of the following symptoms?
 - a. urinary retention
 - b. fever
 - c. upper extremity motor deficit
 - d. paresthesia
4. Back pain that occurs at night and at rest is concerning for which of the following?
 - a. epidural abscess
 - b. compression fracture
 - c. malignancy
 - d. radiculopathy
5. Which examination finding is most likely associated with lower motor neuron lesions, as seen in cauda equine syndrome?
 - a. hyperreflexia
 - b. hyporeflexia
 - c. Babinski reflex
 - d. paraspinal tenderness

ADULT ADHD

6. Which of the following is considered a risk factor for ADHD?
 - a. female sex
 - b. black or Hispanic ethnicity
 - c. family history of ADHD
 - d. having a fraternal twin
7. What is the estimated percentage of US adults who have ADHD?
 - a. 0.5% to 1%
 - b. 1% to 2%
 - c. 4% to 4.5%
 - d. 9% to 10%
8. Which feature of ADHD typically persists from childhood into adulthood?
 - a. inattention
 - b. hyperactivity
 - c. impulsivity
 - d. irritability
9. To meet the *DSM-5* diagnostic criteria for ADHD, patients older than age 17 years must exhibit how many symptoms of hyperactivity-impulsivity or inattention?
 - a. at least 2
 - b. at least 3
 - c. at least 4
 - d. 5 or more
10. Which treatment class is considered first-line for the treatment of adult ADHD?
 - a. antidepressants
 - b. psychostimulants
 - c. nonstimulant pharmacotherapies
 - d. psychotherapy