

# OBESITY MANAGEMENT IN PRIMARY CARE CERTIFICATE PROGRAM:

A Practice Management & Leadership Training Program for PAs and NPs



## Module 3: History and Physical Exam Clinical Webinar Engagement Worksheet

1. Please check the correct response.

The corresponding BMI for a pre-obesity (overweight), or class 1 obesity classification among Asians is:

Higher     Lower

2. What two components should you code for when coding for obesity?

\_\_\_\_\_ and \_\_\_\_\_

3. BMI doesn't assess \_\_\_\_\_, \_\_\_\_\_, or \_\_\_\_\_ health.

4. A thorough assessment includes these three components: \_\_\_\_\_, \_\_\_\_\_, and \_\_\_\_\_.

5. Weight history tools include: \_\_\_\_\_, \_\_\_\_\_, \_\_\_\_\_.

6. To take an accurate waist circumference, you will locate the \_\_\_\_\_ and top of the \_\_\_\_\_.

7. Obesity specific lab orders include CMP, \_\_\_\_\_, \_\_\_\_\_, uric acid, TSH, and \_\_\_\_\_.

8. A few potential specialist referrals include: \_\_\_\_\_, \_\_\_\_\_, and \_\_\_\_\_.

9. Staging systems determine:

a. \_\_\_\_\_

b. \_\_\_\_\_

c. \_\_\_\_\_

10. According to the **Edmonton Obesity Staging System**, in stage \_\_\_\_\_ patients have mild health impairment, while in stage \_\_\_\_\_ patients have significant health impairment.

11. When a full diagnosis has been made, it is important to \_\_\_\_\_  
\_\_\_\_\_.