

### Morning Agenda

Time	Symposium Session
<b>7:30 to 8:00 am</b>	<b>Raising the Alarm for Clinician Burnout and the Need to Support Well-Being</b> <b>Kimber Bogard, PhD</b> , Deputy Executive Officer for Programs, National Academy of Medicine
<b>8:00 to 9:00 am</b>	<b>Manifestations of Well-Being and Burnout in Clinicians*</b> <b>Marie Brown, MD, MACP</b> , Director Practice Redesign, Professional Satisfaction Practice Sustainability Group, American Medical Association <b>Eric Tetzlaff, PA-C, DFAAPA</b> , Assistant Professor, Fox Chase Cancer Center <b>Arthur Hengerer, MD</b> , Past Chair of Otolaryngology, University of Rochester; Past Chair of Board, Federation of State Medical Boards <b>Amelia Schlak, PhD, RN</b> , T32 Postdoctoral Research Fellow, Columbia University School of Nursing <b>Kari Bernard, PhD, PA-C</b> , Associate Director of Research and Capstone Activities, ATSU-ASHS Doctor of Medical Science
<b>9:15 to 10:15 am</b>	<b>The Impact of Clinician Well-Being on Healthcare Systems*</b> <b>Marie Brown, MD, MACP</b> , Director Practice Redesign, Professional Satisfaction Practice Sustainability Group, American Medical Association <b>Bernadette Mazurek Melnyk, PhD, APRN-CNP, EBP-C, FAANP, FNAP, FAAN</b> , Vice President for health promotion, University Chief Wellness Officer, Dean of the College of Nursing and Executive Director, Fuld Institute, The Ohio State University College of Nursing Helene Fuld Health Trust National Institute for Evidence-based Practice in Nursing and Healthcare <b>Jonathan Ripp, MD, MPH</b> , Professor of Medicine, Medical Education and Geriatrics and Palliative Medicine; Dean for Well-Being and Resilience and Chief Wellness Officer, Icahn School of Medicine at Mount Sinai (ISMMS) <b>Neeta Argawal, MD</b> , Internal Medicine Physician, Eskenazi Health <b>Ziemowit Mazur, PhD, EdM, PA-C</b> , Associate Professor and Associate Program Director, Rosalind Franklin University of Medicine and Science
<b>10:30 to 11:30 am</b>	<b>Development of Burnout and Support of Well-Being in Clinical Students*</b> <b>Braden J. Brown, PhD, LMFT</b> , Assistant Professor of Clinical Family Medicine, IU-Methodist Family Medicine Residency; Director of Counseling & Mental Health Services, IUPUI Athletics Department <b>Chris Roman, DMS, PA-C</b> , Associate Professor, Butler University <b>Stuart Slavin, MD, MEd</b> , Senior Scholar for Well-being, Accreditation Council for Graduate Medical Education <b>Bettie Coplan, PhD, PA-C</b> , Associate Clinical Professor, Northern Arizona University
<b>11:30 am to 12:00 pm</b>	<b>Prescription for Burnout: What Do Stakeholders Need to Move from Talk to Change</b> * Eligible for Category 1 CME for PAs

#### Speaker Bios

<https://tinyurl.com/AAPAWellBeingBios>



#### Full Agenda

<https://tinyurl.com/AAPAWellBeingAgenda>



### Afternoon Agenda

Time	Symposium Session
12:00 pm to 1:00 pm	Break/Lunch
1:00 to 5:00 pm	<b>Working to Establish Optimal Education and Practice Collaboration to Address Burnout and Enhance Well-Being within Team Based Care</b>
1:00 to 2:00 pm	Working Session 1: Defining a Culture of Well-Being
2:00 to 2:15 pm	Break
2:15 to 3:15 pm	Working Session 2: Identifying the Building Blocks of Change
3:15 to 3:30 pm	Break
3:30 to 4:30 pm	Working Session 3: Establishing a Culture of Well-Being
4:30 to 5:00 pm	Preparing to Take Action

#### Discussion Guide

<https://tinyurl.com/AAPAWellBeingDiscussion>



#### AAPA Blueprint for Addressing PA Well-being and Burnout

<https://tinyurl.com/AAPAWellBeingBlueprint>



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